

Relationships Education - Ealing Scheme of Work (September 2020)

| Yr Group | Learning objective |
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| Nursery | <p><u>Lesson 1</u> To consider the routines and patterns of a typical day</p> <p><u>Lesson 2</u> To explain how to keep myself clean and healthy and explain why it is important</p> <p><u>Lesson 3</u> To identify the people in my family and explain where I can get help</p> |
| Reception | <p><u>Lesson 1</u> To consider the routines and patterns of a typical day</p> <p><u>Lesson 2</u> To explain how to keep myself clean and healthy and explain why it is important</p> <p><u>Lesson 3</u> To identify the people in my family and explain where I can get help</p> |
| Year 1 | <p><u>Lesson 9</u> To understand how to keep myself clean and healthy and explain why it is important</p> <p><u>Lesson 10</u> To understand how I have grown and changed since birth</p> <p><u>Lesson 11</u> To identify the people in my family, while recognising that not all families look like mine</p> <p>To explain where I can get help and support</p> |
| Year 2 | <p><u>Lesson 4</u> To explore stereotypes To explain personal boundaries</p> <p><u>Lesson 5</u> To understand how boys and girls are different and to name boy and girl body parts To understand the stages in the human lifecycle</p> <p><u>Lesson 6</u> To identify the people in my family, while recognising that not all families look like mine</p> <p>To explain where I can get help and support</p> |
| Year 3 | <p><u>Lesson 2</u> To understand how boys and girls are different and to name boy and girl body parts To explain personal boundaries</p> <p><u>Lesson 3</u> To identify the people in my family, while recognising that not all families look like mine</p> <p>To explain where I can get help and support</p> <p><u>Lesson 4</u> To understand good friendships</p> |
| Year 4 | <p><u>Lesson 2</u> To understand good friendships</p> <p><u>Lesson 3</u> To identify the people in my family, while recognising that not all families look like mine</p> <p>To explain where I can get help and support</p> <p><u>Lesson 4</u> To understand basic facts about puberty To begin to understand menstruation</p> |
| Year 5 | <p><u>Lesson 2</u> To explore the emotional and physical changes that occur during puberty To understand male and female puberty changes To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get support during puberty</p> <p><u>Lesson 3</u> To explore the emotional and physical changes that occur during puberty To understand male and female puberty changes To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get support during puberty</p> <p><u>Lesson 4</u> To understand what makes a family and who to turn to for help and support</p> |

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| Year 6 | <p><u>Lesson 2</u> To explore positive and negative ways of communicating in relationships To understand healthy relationships</p> <p><u>Lesson 3</u> To recap the male and female changes that happen during puberty To understand what makes a family and who to turn to for help and support</p> <p><u>Lesson 4</u> - This lesson is not statutory. Parents/carers can withdraw their children from this lesson if they so wish To understand the human reproductive system</p> |
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